



# TEAM UPPERMILL

## TRAINING SCHEDULE 2024 (rev 5. 3/6/24)

Please note children may attend as little or as many sessions as they wish

MONDAY	BADMINTON (Please note we ask for a donation of £1 per child to assist with the hire of the courts. Also, please bring rackets (if you have them))	Junior (YR 3-6)	Girls/Boys	Saddleworth School, Huddersfield Road, Diggle	1, 8, 15 and 22 July; 12, 19 August	6.00 -7.00 pm
		Senior (YR 7-10)			12, 19 August	7.00 – 8.00 pm
	BASKETBALL	Senior (YR 7-10)	Mixed	Saddleworth School, Huddersfield Road, Diggle	5 August	6.00 -7.00 pm;
TUESDAY	ROUNDERS	Junior (YR 3-4)	Girls	Uppermill Cricket Club	18 and 25 June; 2, 9, 16 and 23 July; 13, 20 and 27 August; 3 September	5.00 - 6.00 pm
		Junior (YR 5-6)				4.15 - 5.00 pm
		Senior (YR 7-8)				
	ATHLETICS	Junior (YR 3-YR 6)	Girls/ Boys	St Chad's School (rear playing field)	11, 18 and 25 June; 23 July; 13, 20 and 27 August; 3 September	5.30 – 6.30 pm
				Saddleworth School, Huddersfield Road, Diggle	2, 9 and 16 July	6.00 – 7.00 pm
		Senior (YR 7-10)	Girls/ Boys	Saddleworth School, Huddersfield Road, Diggle	2, 9 and 16 July	7.00 – 8.00 p,
	TUG OF WAR	Junior (YR 3-4)	Girls/ Boys	St Chad's School Astro Pitch	11 and 18 June; 20 August; 3 September	6.30 - 7.00 pm
		Junior (YR 5-6)	Girls/ Boys		25 June; 23 July; 27 August;	6.30 - 7.00 pm
					3 September	7.00 - 7.30 pm
		Senior (YR 7-8)	Mixed		13 August	6.30 - 7.00 pm
	DODGEBALL	Junior (YR 5-6)	Mixed	St Chad's School Astro Pitch	3 September	7.30 - 8.00 pm
					11, 18 June; 13 and 20 August	7.00 - 8.00 pm
Senior (YR 7-8)		10 September			6.00 - 7.00 pm	
		25 June; 23 July; 27 August			7.00 -8.00 pm	
BADMINTON (Please note we ask for a donation of £1 per child to assist with the hire of the courts. Also, please bring rackets (if you have them))	Junior (YR 3-6)	Girls/Boys	Oldham Hulme Grammar School, Sports Hall, Chamber Road, Oldham	18 and 25 June; 3 and 10 September	6.30 - 7.30 pm	
	Senior (YR 7-10)				7.30 - 8.30 pm	
WEDNESDAY	JUNIOR FOOTBALL (Please bring shin pads for training)	Junior (YR 3-4)	Mixed	St Chad's School Astro Pitch	17 and 24 July; 14, 21 and 28 August; 4 and 11 September	5.30 - 6.30 pm
		Junior (YR 5-6)		Astro Pitch at Saddleworth School, Diggle	12, 19 and 26 June; 3 and 10 July	6.00 – 7.00 pm
	TAG RUGBY LEAGUE	Junior (YR 3-4)	Mixed	St Chad's School (rear playing field)	12, 19 and 26 June; 3, 10, 17 and 24 July; 14, 21, 28 August; 4 September	6.00 - 7.00 pm
		Junior (YR 5-6)		St Chad's School Astro Pitch	3, 10, 17, 24 and 31 July; 7, 14, 21 and 28 August; 4 September	6.30 - 7.30 pm
	HOCKEY (Please bring shin pads and gum shield for training)	Senior (YR 7-8)	Mixed			
	SENIOR FOOTBALL (Please bring shin pads for training)	Senior (YR 7-8; YR 9-10)	Mixed	Astro Pitch at Saddleworth School, Diggle	12, 19 and 26 June; 3 and 10 July (another session may be organised before the event - TBC)	6.00 – 7.00 pm
NETBALL	Junior (YR 3-4)	Girls	St Chad's School (rear playground)	12, 19 and 26 June; 3, 10, 17 and 24 July; 14, 21, 28 August; 4 September	6.00 - 7.00 pm	
	Junior (YR 5-6)			7.00 - 8.00 pm		
	Senior (YR 7-8)			TBC - if there is an interest	TBC	
THURSDAY	CRICKET	Junior (YR 3-4)	Mixed	Uppermill Cricket Club	13, 20, 27 June; 4, 11 and 25 July; 15, 22 and 29 August; 5 September	6.00 - 7.00 pm
		Junior (YR 5-6)			4, 11 and 25 July; 29 August, 5 September	7.00 - 7.45 pm
		Senior (YR 7-8)			Boys	18 July
	TUG OF WAR	Junior (YR 3-4)	Girls/ Boys	St Chad's School Astro Pitch	4 July	6.00 - 6.30 pm
		Junior (YR 5-6)	Girls/ Boys		11 July	
		Senior (YR 7-8)	Mixed			
DODGEBALL	Junior (YR 5-6)	Mixed	St Chad's School Astro Pitch	4 and 11 July	6.30 – 7.30 pm	
	Senior (YR 7-8)			18 July		
FRIDAY	TENNIS (Please bring rackets if you have them)	Junior (YR 5-6)	Girls/ Boys/ Mixed	Tame Valley tennis club	14 June*; 5*, 19* and 26 July*; 16*, 23* and 30 August; 6 and 13 September*	7.00 - 8.00 pm
		Senior (YR 7-8)		Oldham Hulme Grammar School, Main entrance, Chamber Road	Practice sessions - potentially on 21 June; 28 June and 12 July	6.30 - 7.30 pm

Please note that the swimming is still being organised and will be added to the schedule in due course.

**Coaches:** Badminton - Was Haq and Nick Roe; Basketball - Jay West; Athletics - Simon Bird, Eleanor Bird, Stephanie Thomson, Hayley O'Reilly and Ben Ardern (*parent helpers will be needed*), Dodgeball - Simon Bird, Eleanor Bird, Elisabeth Ashton, Stephanie Thomson and Hayley O'Reilly, Tug of War - Simon Bird, Eleanor Bird, Elisabeth Ashton, Stephanie Thomson and Hayley O'Reilly; Tag Rugby - Ben Walters, James Bell and James Thomson; Hockey - Gareth Davies and Rob Hadman; Cricket - Adam Reid, Andy Sweeting and Danny Plant; Football (junior) - Joe Rigby, Mike Lea, Mark Lowe, Ben Ardern and Ben O'Reilly; Football (senior) - Dave Clinton and Bruce Carter; Netball - Kerri Roberts, Stephanie Thomson and Kayleigh Dyer; Rounders - Helen Bradbury and Ol Geener; Swimming Trials - Catherine Moor, Claire Tranter, Simon Bird and Eleanor Bird; Tennis - Simon Bird, with Mike Lightfoot/Sam Williams providing specialist coaching for these sessions\*.

**Note to parents:** The different venues have kindly provided the training facilities for our use to run the training sessions. We do ask all parents to adhere to the following rules for the attendance of the training sessions: 1) Be respectful of the facilities (most of which are school sites), so please do not let your children climb over the equipment, trees and vegetation or cause any damage; 2) take all litter away or use the wastebins (if available and empty); 3) supervise any siblings that you have brought to the training sessions (please do not leave them unattended); 4) do not bring any pets to the training facilities. **Also**, please can all parents stay with their children during the training sessions or agree with another parent to be responsible for their child (this is to deal with any accidents/incidents or if a child becomes upset during the session). **Finally**, please can everyone be respectful to all our coaches and helpers, who give up their free time to make this an amazing community event.

Thank you.