

#### **UPPERMILL TEAM TRAINING SCHEDULE 2023** (rev 6. 2/7/23)

Please note children may attend as little or as many sessions

| as they wish |  |                                     |                       |   |  |   |
|--------------|--|-------------------------------------|-----------------------|---|--|---|
| MONDAY       | ATHLETICS  | Junior (YR 3-YR<br>6)               | Girls/ Boys           | St Chad's School (rear playing field)                                   | 19 - 26 June; 3 - 24 July*; 21 - 28 August; 4<br>September*.                                 | 5.30 - 6.30 pm (apart<br>from dates with * which<br>will be 5.15 - 6.15 pm) |
|              | TUG OF WAR   | Junior (YR 3-4;<br>YR 5-6)          | Girls/ Boys           | St Chad's School<br>Astro Pitch   | 19 - 26 June; 3 - 24 July*; 21 - 28 August; 4<br>September*                                  | 6.30 - 7.00 pm (apart<br>from dates with * which<br>will be 6.15 - 6.35 pm) |
|              |  | Seniors (YR 7-8)                    | Mixed                 |   | 3 - 24 July; 4 September   | 6.40 - 7.00 pm  |
|              | DODGEBALL  | Junior (YR 5-6)<br>Senior (YR 7-8)  | Mixed                 | St Chad's School<br>Astro Pitch   | 19 - 26 June; 3 - 24 July; 21* August; 28<br>August; 4 September                             | 7.00 - 8.00 pm (apart<br>from date with * which<br>will be 7.00 - 7.40 pm)  |
|              | SWIMMING TRIALS (please bring swimming cap and googles, if you have them, for training)  | Junior (YR 5-6);<br>Senior (YR 7-8  | Girls/ Boys/<br>Mixed | Saddleworth<br>Swimming Pool  | 7 August; 21 August (there may be an additional date tbc)                                    | 8.00 – 9.00 pm  |
| TUESDAY      | ROUNDERS   | Junior (YR 3-4)<br>Junior (YR 5-6)  | Girls                 | Uppermill Cricket<br>Club   | 27 June; 4 - 25 July; 22 August; 5<br>September  | 4.45 - 5.45 pm  |
|              |  | Senior (YR 7-8)<br>Senior (YR 9-10) |                       |   |  | 4.00 - 4.45 pm  |
|              | BADMINTON (Please note we ask for a donation of £1 per child to assist with the hire of the courts. Also, please bring rackets if you have them) | Junior (YR 3-6)                     | - Girls/Boys          | Waterhead Academy<br>school Sports Hall,<br>Waterhead                   | 11 -18 July; 5-12 September  | 6.00 - 7.00 pm  |
|              |  | Senior (YR 7-10)                    |                       |   |  | 7.00 - 8.00 pm  |
|              |  | Junior (YR 3-6)                     | - Girls/Boys          | Oldham Hulme<br>Grammar School,<br>Sports Hall, Chamber<br>Road, Oldham | 25 July; 1, 15, 22 and 29 August   | 6.00 - 7.00 pm  |
|              |  | Senior (YR 7-10)                    |                       |   |  | 7.00 - 8.00 pm  |
| WEDNESDAY    | JUNIOR FOOTBALL (Please bring shin pads for training)  | Junior (YR 3-4)<br>Junior (YR 5-6)  | Mixed                 | St Chad's School<br>Astro Pitch   | 28 June; 5 - 26 July; 23 - 30 August; 6 - 13<br>September                                    | 5.30 - 6.30 pm  |
|              | TAG RUGBY LEAGUE   | Junior (YR 3-4)<br>Junior (YR 5-6)  | Mixed                 | St Chad's School (rear playing field)                                   | 21 - 28 June; 5 - 26 July; 23 - 30 August; 6<br>September                                    | 6.30 - 7.30 pm  |
|              | HOCKEY (Please bring shin pads and gum shield for training)  | Junior (YR 5-6)<br>Senior (YR 7-8)  | Mixed                 | St Chad's School<br>Astro Pitch   | 5 - 26 July; 16 - 30 August; 6 - 13<br>September   | 6.30 - 7.30 pm  |
|              | SENIOR FOOTBALL<br>(Please bring shin pads for<br>training)  | Senior (YR 7-8;<br>YR 9-10)         | Mixed                 | Waterhead Academy school Astro Pitch, Waterhead                         | 5, 12 and 19 July; 6 September   | 7-8 pm  |
| THURSDAY     | CRICKET  | Junior (YR 3-4)<br>Junior (YR 5-6)  | Mixed                 | Uppermill Cricket<br>Club   | 29 June; 6 - 27 July; 24 - 31 August; 7<br>September   | 6.00 - 7.00 pm  |
|              |  | Senior (YR 7-8)                     | Boys                  | 5.00  | 6 - 27 July; 7 September   | 7 - 7.45 pm   |
|              | NETBALL  | Junior (YR 3-4)<br>Junior (YR 5-6)  | Girls                 | St Chad's School (rear<br>playground)                                   | 22 - 29 June; 6 - 27 July; 24 - 31 August; 7<br>September                                    | 6.30 - 7.15 pm (YR3-4)<br>7.15 - 8.00 pm (YR5-6)                            |
|              |  | Senior (YR 7-8)<br>Senior (YR 9-10) | Girls                 |   | TBC - if there is an interest  | ТВС   |
| FRIDAY       | TENNIS (Please bring rackets if you have them)   | Junior (YR 5-6)<br>Senior (YR 7-8)  | Girls/ Boys/<br>Mixed | Tame Valley tennis club   | 23 June*; 30 June; 7 July*;14 July; 21-28<br>July*; 25 August; 1 September*; 8<br>September* | 7.00 – 8.00 pm  |
| SATURDAY     | TENNIS (Please bring rackets if you have them)   | Junior (YR 5-6)<br>Senior (YR 7-8)  | Girls/ Boys/<br>Mixed | Oldham Hulme<br>Grammar School  | Practice sessions on 15, 22, 29 July, 19<br>and 26 August                                    | 10.00 – 11.00 am  |

Coaches: Badminton - Was Haq and Nick Roe; Basketball - Jay West; Athletics - Simon Bird, Eleanor Bird, Stephanie Thomson and Hayley Green (parent helpers will be needed), Dodgeball - Simon Bird, Eleanor Bird, Elisabeth Ashton, Stephanie Thomson and Hayley Green; Tag Rugby - Ben Walters, James Bell, Dave Ashton and James Thomson; Hockey - Gareth Davies and Rob Hadman; Cricket - Ellie Jones, Scott Barlow, Adam Reid and Andy Sweeting; Football (junior) - Jay West, Joe Rigby, Mike Lea, Mark Lowe and Ben O'Reilly; Football (senior) - Dave Clinton and Bruce Carter; Netball - Kerri Roberts, Gavin Wheeldon, Stephanie Thomson and Kayleigh Dyer; Rounders - Helen Bradbury, Karen Devine and Ellie Jones; Swimming Trials - Catherine Moor, Simon Bird and Eleanor Bird; Tennis - Simon Bird, with Mike Lightfoot/Sam Williams providing specialist coaching for these sessions\*.

**Note to parents:** The different venues have kindly provided the training facilities for our use to run the training sessions. We do ask all parents to adhere to the following rules for the attendance of the training sessions: 1) Be respectful of the facilities (most of which are school sites), so please do not let your children climb over the equipment, trees and vegetation or cause any damage; 2) take all litter away or use the wastebins (if available and empty); 3) supervise any siblings that you have bought to the training sessions (please do not leave them unattended); 4) do not bring any pets to the training facilities. Also, please can everyone be respectful to all our coaches and helpers, who give up their free time to make this an amazing community event

### **Trainning Venue Details**

St. Chads C of E Primary School, Uppermill

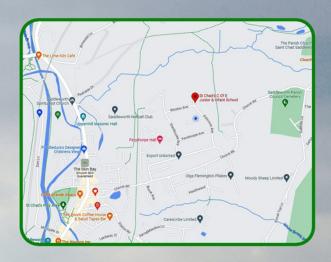
For
Athletics (Junior)
Dodgeball (Junior and Senior)
Football (Junior)
Hockey (Junior and Senior)
Netball (Junior and Senior)
Tag Rugby (Junior)
Tug a War (Junior and Senior)

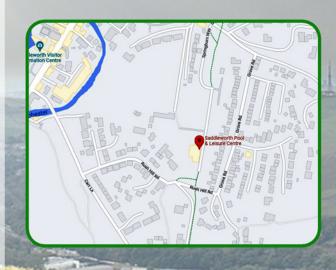
Saddleworth Swimming Pool, Uppermill

For Swimming,

Uppermill Sports Club, Uppermill

For Cricket (Junior and Senior) Rounders (Junior and Senior)





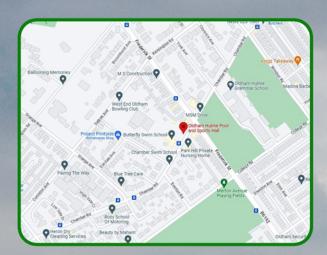


# Hulme Grammar School, Pool and Sports Hall, Oldham

### For Badminton (Junior and Senior)

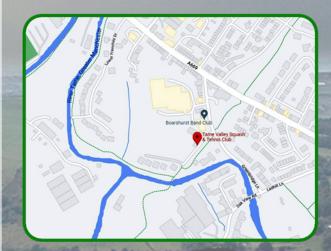
Continue past the main school (on your left), go through the traffic lights and there is a right turn into the sports centre.

Parking is available as you drive through the gate. Sports Centre is the door to the back left



## Tame Valley Tennis and Squash Club, Greenfield

**For Tennis** 



Waterhead School, Waterhead

For Badminton (Junior and Senior) Football (Senior)

