

DODGEBALL: RULES

AGE GROUPS:

Mixed Teams (minimum of 2 girls)

Age groups Years 5&6 and Years 7&8 (2 teams permitted per age group)

TEAM COMPOSITION

7 players from a previously named squad of 10. Squad players should rotate to allow everyone a game. Substitutions during play will not be allowed except for injury.

FORMAT

A 'round robin' competition will be held to determine the finishing places.

The winning team is that which 'eliminates' all its opposition within the allocated time.
3 points awarded for an 'elimination' win

If after the allocated time there are more players on one team than the other the team with the majority of players wins. 1 point awarded for a 'majority' win. If both teams have equal players after the allocated time they will play to 'sudden death' meaning the first team to lose a player loses.

RULES

Games will last no longer than 7 mins

On the command of 'Dodgeball' players will run into the middle and try and grab a ball and if they do so, they must run back to their baseline before throwing the ball. The match will be played with 3 balls. To help avoid collisions teams should retrieve the ball on the left, the middle ball can be contested.

Players are not allowed to cross the halfway line at any point

Players are only allowed to leave the field of play if they are retrieving a ball

Players are permitted to use a ball to block incoming balls

Players are out if:

- They are hit by the ball below the head without the ball bouncing
- The opposing team catches a thrown ball
- They attempt to catch the ball and drop it
- If their ball is knocked from their hands while using it to block incoming balls
- A ball is blocked and then caught
- A player on their own team blocks a ball onto them

If a player is out they must sit on the side of the pitch and wait.

If a teammate catches a ball thrown by the opposition then the 1st person out is allowed back in to play

NO HEAD SHOTS! If a player strikes an opponent in the head with a ball they will be issued with a warning. If aggressive play persists they will be sent off the court.

Remember.....the umpire's decision is final

SCORING

- **Full Elimination – 3 Points**
- **Majority Team at the end of time – 1 Point**

If there is a tie on points at the end of the competition, the outcome will be based on the result of the match between the teams.

Please Note: Foul and abusive language will not be tolerated and may result in players being dismissed from the event/tournament. Spectators should not coach from the sidelines and intimidation of officials will not be tolerated.

Version:

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